

Elementary Menu 2015-2016



	All Meals as listed	Monday	Tuesday	Wednesday	Thursday	Friday
	Meals - \$5.00 Add white milk \$0.50	Pudding \$2.25 Yogurt Parfaits\$2.25 Fruit Parfaits \$2.95 Fresh Fruit Cups \$1.50	Low Fat Cookies \$0.60 Rice Krispie Squares \$1.30 Apple Sauce Brownies \$1.30 Muffins and Breads \$1.30	Pudding \$2.25 Yogurt Parfaits\$2.25 Fruit Parfaits \$2.95 Fresh Fruit Cups \$1.50	Low Fat Cookies \$0.60 Rice Krispie Squares \$1.30 Apple Sauce Brownies \$1.30 Muffins and Breads \$1.30	Pudding \$2.25 Yogurt Parfaits\$2.25 Fruit Parfaits \$2.95 Fresh Fruit Cups \$1.50
Week 1	Jan. 04-08 Feb 01-05 Mar. 01-06 Apr. 04-08 May 02-06 May 30-June 03	Penne Noodles with Garden Veggie Lean Meat Sauce with Garden Salad	Chicken and Stir Fried Veggies Served on Steamed Rice	Veggie Stuffed Subs Meat ball or Ham and Cheese Sub with Fruit Cup	Pancakes topped with Fresh Berries Comes with Sliced Ham	Soft Beef or Chicken Tacos served with Tomato Wedges and Mexican Rice
Week 2	Jan 11-15 Feb. 08-12 Mar. 07-11 Apr. 11-15 May 09-13 June 06-10	Macaroni, with Garden Vegetable Lean Meat Sauce, Served with Side of Green Beans	Homemade Soup with Veggies, and Grilled Cheese Sandwich	Chicken Drumstick with Seasonal Potato Wedges and Mixed Vegetables	Chicken Enchilada Stuffed Tortilla Bake with Mexican Rice and Corn	Hot Turkey Sandwich with Mashed Potatoes and Local Seasonal Vegetables and Gravy
Week 3	Jan. 18-22 Feb. 15-19 Mar. 21-25 Apr. 18-22 May16-20 June 13-17	Spaghetti with Meatballs and Veggie Sauce with Caesar Salad	Ham Dinner with Mashed Potatoes, and Seasonal Local Vegetables	Shepherd's Pie served with Crazy Carrot Coins	Pancakes topped with Fresh Berries Comes with Sliced Ham	Baked Pork Chop with Potatoes, and Carrot Coins
Week 4	Jan. 25-29 Feb. 22-26 Mar. 28-Apr. 01 Apr 25-29 May 23-27	Lasagna with Lean Ground Beef, Crisp Tossed Salad	Chicken Tatter Bowl, Mashed Potatoes, topped with Diced Chicken, Corn and loz Gravy	Meatballs in Sweet and Sour Sauce served over Rice, with Stir Fried Veggies	Chicken or Ham and Cheese Wrap, with Fresh Fruit Cup	Macaroni and Cheese with Tomato And Cucumber Slices
· · · · · · · · · · · · · · · · · · ·	Also Available	Grilled Cheese available Daily	Pizza Day! Variety of Pizza loaded with Vegetables ,	Frozen Yogurt with Berries	Pizza Day! Variety of Pizza loaded with Vegetables ,	Pizza Day! Variety of Pizza loaded with Vegetables ,

PRICE LIST

Sandwiches:

Sliced Chicken Sandwich \$3.25 Ham and Cheese Sandwich \$3.00 Roast Beef Sandwich \$3.25 Egg Sandwich \$3.00

Drinks:

White Milk \$0.50 Chocolate Milk \$0.55 114ml Juice \$0.65 Box Juice \$1.25

Salads:

Caesar Salad \$3.00 Garden Salad \$3.00 Daily Feature Salad \$3.00 Add chicken to your salad \$1.25

Wraps:

Chicken Snack Wrap \$2.75 Veggie Snack Wrap \$2.25

Soup of the Day \$2.75

Snacks:

Fruit Kebob \$2.00 Cheese and Crackers \$1.75 Local Fresh Fruit \$1.00 Veggie Bags \$1.00 Yogurt Cups \$1.25 Fresh Fruit Cup \$1.50

Homemade Burgers Served Daily \$3.50 with Cheese \$4.00 Grilled Chicken Burgers \$3.75

